Tracy’s Sew Thankful Fabric Hair Scrunchies

Permission to copy and distribute this complimentary pattern/project for personal use, for guild and/or group projects, or for making small quantities of the finished item to sell at craft fairs (or similar) is granted PROVIDED that all copyright information and references to Sew Thankful are kept in tact on all pages of every copy printed or distributed.

Visit [http://www.sewthankful.com](http://www.sewthankful.com) and sign up for the FREE eNews to receive notice of future complimentary PDF patterns and projects.

*Please read entire pattern carefully all the way through before beginning.*

---

**Required materials per scrunchy:**

- 5 ½” x 21” rectangle of cotton fabric
- 7” piece of ¼” elastic (I prefer to use cotton swimwear elastic – available at SewThankful.com)
- 24” or longer piece of 1/4” (or wider) ribbon, waste selvage, or twill tape
- Safety Pin
- Thread to match your fabric
Instructions:

Fold and press ¼” toward the wrong side on one 5 ½” (short) end.

Fold fabric in half length-wise with RIGHT sides together. Press.

Open rectangle and lay ribbon, selvage or twill tape lengthwise in the middle of side.

Close fabric again, enclosing the ribbon, selvage or twill tape. Place elastic piece on top of fabric above the ribbon, selvage or twill tape at center edge of raw edges on short side. See picture below.
Using a ¼” seam allowance, begin stitching at folded edge of the short side with raw edges (see image below). When you reach the elastic, back stitch over and back a few times to secure tightly. Stitch to corner, pivot and continue stitching down the long side with raw edges.

Safety pin elastic to ironing board or other secure padded surface.

Grasp ribbon, selvage or twill tape. Use your free hand to gently encourage the fabric to turn inside the tube and continue to pull through.

Cut off (remove) ribbon, selvage edge, or twill tape close to the stitched/closed end. Smooth and square corners as neatly as possible, while keeping elastic pinned/secure.
Unpin elastic. Bring raw edge of elastic around to the closed/stitched end of the tube. Overlap elastic (you should feel the inside layer of elastic in the tube) by approx. ½”. Use a medium/wide zigzag stitch to secure elastic.

Insert closed end of tube inside the open end and overlap approximately ½”.

Make sure that the edges of the open end are turned under (this is the end you pressed back ¼” when you started). Topstitch close to edge of overlap. Check to make sure stitching caught edge on the other side of the scrunchy. If not, stitch that side down. Secure and clip threads.

Voila!